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Sexual Integrity – Discussion Guide

Section 1

Discuss what you applied in the past seven days from the last Overflow Show.

Read 1st Corinthians 6:15-20 What does this passage say about sexual activity?

Section 2

Go to www.OverflowShow.com and listen to the 5-minute podcast titled “Sexual Integrity.”

Section 3

What did you think? What stood out to you as you listened?

How difficult is it to discuss Christian sexual views with a non-Christian?

What is the average non-Christian’s view of Christian sexual convictions?

How can pre-marital sex be as harmful as adultery according to the author?

The author states that sex outside of marriage “fragments the soul”? Do you believe this? Why or why not?

What do some people say about pre-marital sex helping determine if someone would be a good choice for a husband or wife?

What does research show about the correlation between pre-marital sex and future adultery or divorce? What makes sense about that? How might pre-marital sex injure your relationship with your spouse in addition to adultery or divorce?

Discuss this statement: "Christians have a rather low view of sex."

Section 4

Discuss some ways we could apply a few of these principles in the next 7 days?

One suggestion (if needed): Tell a friend you were discussing sex in your small group. Ask her if she thinks that a couple having sex while they are dating would help prevent their getting a divorce later when they are married or make divorce more likely? Then ask their opinion on the same question, but regarding future unfaithfulness or adultery. If they ask your opinion you can say that you learned in your group that it was fascinating to you that research shows that couples who wait have much lower rates of divorce and adultery.

Overflow enthusiastically recommends the book "Corner Conversations" by Randy Newman, from Kregel Publications.

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