



www.OverflowShow.com

Journey Alongside A Friend

Section 1

Discuss what you applied in the past seven days from the last Overflow Show.

Read Luke 10: 30-37. How did the Samaritan man demonstrate what it means to join another individual on life's journey?

Section 2

Go to www.OverflowShow.com and listen to the 5-minute podcast titled "Journey Alongside Your Friend." This episode is based on the resource series titled COJOURNERS, by Keith Davy, available from CoJourners.com.

Section 3

As the episode asked us to, go ahead right now and think of a particular non-Christian friend of yours. Would you agree with the author's contention that your friend is on spiritual journey, whether he realizes it or not? Why or why not and could you tell us about your friend as you answer?

What about life causes everyone to be on a spiritual journey, according to the author?

Think again about that particular non-Christian friend of yours. What are some specific ways for you to, as CoJourners says, join him on his journey, as you also journey...as you also deal with your own very imperfect and sometimes frustrating life?

The 4 roles of a CoJourneyer are explorer, guide, builder, and mentor. What did this episode say are the two main things an Explorer does?

CoJourners recommends grouping the questions you might ask in 3 categories: 1) Where your friend's BEEN. 2) Where he is NOW. 3) Where he's GOING.

What were a few of your favorite questions in the show and why do you think those questions would be effective?

(If time permits) Discuss how each of these questions might cause deeper conversation:

Are you satisfied with where you are at or do you desire more?

What would you say is most important to you in life right now?

If you could ask God one question, what would it be?

Do you find yourself moving toward God, away from God or staying about the same?

What do you think happens after death?

If you were to die tonight, how sure are you that you would enjoy eternal life?

If a friend asked you how one becomes a Christian, what would you tell him?

Section 4

Discuss some ways we could apply a few of these principles in the next 7 days.

One suggestion (if needed):

Choose a challenging situation or issue in your life that you are thinking about a lot right now. This should be something that is difficult for you or that you would like to see change regarding. In conversation with your non-Christian friend one day, ask him:

“Could I get your opinion on something? There is something that I am really wrestling with or thinking about a lot right now. Could I tell you about it and just get your opinion on what the best course of action might be, or on whether you think I’m thinking about it too much?”

After having that quality discussion with your friend, if it seems wise, consider asking him to share a struggle of his own. “Hey, thanks for your opinion. I’m curious, is there something that is really bogging you down right now or that is stealing a lot of your attention?” If your friend is willing to share something, discuss it with him. If not, then just congratulate him on things being rather smooth for him right now.

Meet back next week to report on what happened.

Overflow enthusiastically recommends the resource series titled COJOURNERS, by Keith Davy, available from CoJourners.com.